



Specializing in the assessment and management of chronic pain.

SilverPainCentre.ca

Partners in Pain Management

The Silver Pain Centre's passionate team of trained pain management physicians and other healthcare providers is focused on the diagnosis and interdisciplinary management of chronic pain. We accept a full spectrum of chronic pain disorders, including most clinically-challenging cases.

Our fully-equipped 20,000 sq. ft. facility is conveniently located in North Toronto and accessible by all major highways. Parking is free and the clinic access is from the ground level. We have an integrated electronic medical records system and online communication with referring physicians, pharmacies, and patients. The triage and scheduling process is efficient and timely.

Through a patient-centered approach, Silver Pain Centre creates a comprehensive multidisciplinary plan suited for each patient based on their age, health, personality, and lifestyle. We provide continuous support to achieve individual therapeutic goals.

Our advanced, evidence-based solutions, including education, patient engagement, minimally invasive techniques, pharmacotherapy, and allied health, help patients to improve their quality of life when traditional treatments may have failed.



Reception and waiting area at our 20,000 sq. ft facility

The Patients We Treat

We provide comprehensive pain care in the following areas:

- Back Pain
- Chronic Headaches
- Complex Regional Pain Syndrome (CRPS)
- Fibromyalgia
- Neck Pain
- Neuropathic Pain
- Osteoarthritis
- Pelvic Pain
- Post-Trauma and Surgery Pain
- Rare Disease Management
- Trigeminal Neuralgia



Insurance Coverage



For patients residing in Ontario who are referred to the Silver Pain Centre by an Ontario physician, the majority of our services are covered by the Ontario Health Insurance Plan (OHIP) at no additional cost to patients. Certain medications and services are not covered by benefits as per the Canada Health Act and Ontario Medical Association guidelines. Residents outside of Ontario can call our office to discuss medical plans and coverage options.

Fluoroscopy (X-Ray) Guided Procedures:

The fluoroscopy-guided method uses X-rays to allow physicians to precisely direct needles and other tools when performing procedures. The ability to see through skin ensures accuracy and improves the outcome. Fluoroscopy-guided procedures are the evidence-based recommended method for spine interventions. Fluoroscopy increases the success rate and patient satisfaction, significantly diminishes risks and complications, and reduces the number of treatments.



Ultrasound Guided Procedures:

Blind injections are inaccurate. Even in the hands of experienced orthopedic surgeons, the failure rate is up to 70% for shoulder injections, and between 20% and 40% for hip injections. The benefits of ultrasonography have been reported in multiple clinical studies, including randomized controlled trials where ultrasound guidance (UG) was compared to the conventional palpation-guided (PG) method. The medical literature suggests that the improvement after UG is greater and lasts longer than PG. The correct injection can provide useful diagnostic information regarding the location of a pain generator. If medicine is misplaced, it may lead to complications such as skin depigmentation, subcutaneous fat atrophy, tendon rupture, neurovascular injury, increased procedural/postprocedural pain, or seizures.



Infusions:

Neuropathic pain is defined as pain resulting from damage to the peripheral or central nervous system. It can occur as a result of a number of conditions such as surgery, head trauma, stroke, spinal cord injury, neuropathy, and complex regional pain syndrome. Other disorders, such as fibromyalgia, cause hypersensitivity of the central nervous system, resulting in widespread pain. Intravenous (IV) Lidocaine, a local anesthetic, has been used for years and lately there has been renewed interest in this treatment for neuropathic pain. IV Ketamine, a dissociative anesthetic used for general anesthesia, has also been used for neuropathic pain and medically-resistant depression. Published study results indicate that they are generally very safe and effective in various conditions. We often combine both lidocaine and ketamine for dual benefit, but at times will start with one agent.



The Silver Pain Centre Team

Our dedicated team is made up of caring and passionate individuals, including anesthesiologists, physical medicine and rehabilitation specialists, general practice physicians with additional training in pain management and sports medicine, nurses, allied health professionals, and support staff.



Dr. Gofeld is a renowned chronic pain expert. He founded the Canadian Interventional Special Interest Group at the Canadian Pain Society and developed the first continuing medical education program for practicing pain physicians in the country. He is an editor in Neuromodulation and Regional Anesthesia and Pain Medicine journals. He is currently holding appointments as Secretary at the Canadian Chapter of World Institute of Pain, and Director at the World Academy of Pain Medicine United.

Treatments/Services

Imaging:

- Fluoroscopy
- Ultrasonography

Infusions:

- Ketamine
- Lidocaine

Complex Pain Care:

- Medical cannabis
- Multidisciplinary evaluation
- Opioid harm reduction
- Personalized pharmacotherapy

Interventions:

- Autologous protein solution system
- Fluoroscopically-guided diagnostic and therapeutic spinal injections, including epidural steroids
- High-intensity focused ultrasound
- Hyaluronic acid injections
- Image-guided diagnostic nerve blocks
- Musculoskeletal and joint injections
- Neuromuscular electrical stimulation
- Onabotulinum toxin injections
- Peripheral and cranial nerve blocks
- Peripheral nerve stimulators
- Platelet-rich plasma
- Radiofrequency ablations
- Sympathetic blocks

Specialties:

- Anesthesiology
- Psychiatry
- Psychotherapy
- Physiatry
- Radiology
- Sports medicine

Multidisciplinary Services:

- Chiropractic therapy
- Naturopathic services
- Occupational therapy
- Physiotherapy
- Registered massage therapy
- Social work

Patient Support:

- Empowered Relief™ classes
- Patient Connections group



4646 Dufferin Street, Unit 9, Toronto, Ontario M3H 5S4

Phone: (416) 512-6407 | Toll Free: 1 (800) 807-0078 | Fax: (416) 512-6375

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